

Effectiveness Of Homoeopathic Medicine In The Treatment Of Vitiligo – A Case Report

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Abstract

Vitiligo is a chronic skin condition characterized by the loss of pigmentation in certain areas of the skin, leading to the development of white patches. It affects individuals across various age groups and can significantly impact the physical appearance, leading to emotional and psychological distress. The exact etiology of vitiligo remains unclear, but it is believed to involve a complex interplay of genetic, autoimmune, and environmental factors. While conventional treatments like corticosteroids, phototherapy, and surgical interventions are commonly used, homeopathy offers a holistic, individualized approach to the management of vitiligo.

CASE REPORT

A 47 yrs. female presented with Hypo-pigmented patches over neck, back, Chest, B/L arms and legs since 5 yrs.

Mode of onset- Gradual

Location- neck, back, chest, B/L arms and legs, fingers.

Sensation – nothing specific

Modalities- nothing specific

HISTORY OF PRESENT COMPLAINTS

Patient was apparently well 5 yrs back when gradually she starting complaining of hypopigmented patches over neck, back, chest, B/L arms and legs, fingers.

PAST HISTORY: nothing specific

FAMILY HISTORY:

Father – alive.Hypertensive.

Mother – alive , Diabetic

Siblings – 3 Brothers , 1 sister – all alive & apparently healthy

GYNAECOLOGICAL HISTORY:

Menses irregular since 2 yrs.

Constipation before menses.

OBSTETRIC HISTORY:

G₄P₄A₀L₄

2 female child, 2 male child, youngest male child 18 yr old. Delivered normally.

PHYSICAL GENERALS

Appetite: 2 meals / day , 4 chapati / meal , satisfactory. No change

Thirst: 2-3 L /day. No change.

Desire: N/S

Aversion: meat

Stool: Regular, morning habit, soft in consistency. Satisfactory

Urine: nothing specific.

Thermal reaction: chilly.

Perspiration: No change, Non staining , no specific odor

Sleep: : 6 hours sleep , nothing specific.

Dreams: nothing specific

Addiction: not present.

H/O Vaccination: Nothing specific

General aggravation- cold

MENTALS GENERALS:

Confused, can not stick to one decision.

PHYSICAL EXAMINATION:

General Examination:

Pulse: 78/min

B.P.: 130/88 mmhg

R/R: 18/min

Temp: non febrile

Conjunctiva: pinkish in color

Sclera: white in color

Tongue: clean and moist

Lymph nodes: not enlarged

Oedema: not present

Nails: no abnormality found

SYSTEMIC EXAMINATION:

SKIN AND EXTERIOR BODY

Pale, whitish colored, hypopigmented patches with no specific sensation.

INVESTIGATION:

Nothing specific.

ANALYSIS OF CASE:

S.NO.	SYMPTOMS	MENTAL GENERALS	PHYSICAL GENERALS	PARTICULARS
1.	Confused	✓		
2.	Aversion to meat		✓	
3.	Cold in general aggravation		✓	
4.	Constipation before menses		✓	
5.	Irregular menses		✓	
6.	Lack of vital heat		✓	
7.	Hypopigmented patches.			✓

EVALUATION OF SYMPTOMS

1. Confused.
2. Constipation before menses.
3. Aversion to meat.
4. Cold in general aggravation.
5. Lack of vital heat, chilly.
6. Hypopigmented patches.

TOTALITY OF SYMPTOMS

1. Confused.
2. Constipation before menses.
3. Aversion to meat.
4. Cold in general aggravation.
5. Lack of vital heat, chilly.
6. Hypopigmented patches.

MIASMATIC PREDOMINANCE; Predominantly Psora

S.NO.	SYMPTOMS	PSORA	SYCOSIS	SYPHILIS	TUBERCULAR
1.	Confused	\$			
2.	Constipation before menses	\$			
3.	Aversion to meat	\$			
4.	Cold in general aggravation	\$			
5.	Lack of vital heat	\$			
6.	White spots	\$			

REPERTORIAL TOTALITY/ PDF

NAME OF REPERTORY USED:- KENTS REPERTORY

No.	Symptoms	Chapter/Rubric
1.	Confused	MIND; confusion of mind
2.	Constipation before menses	RECTUM; constipation, menses before STOMACH; aversion, meat
3.	Aversion to meat	GENERALITIES; cold in gen. agg.
4.	Cold in general aggravation	GENERALITIES; heat vital, lack of
5.	Chilly	SKIN; discoloration, white, spots
6.	Hypopigmented patches.	

POTENTIAL DEIFFERENTIAL FIELD (PDF):

Thermal reaction- CHILLY

REPERTORIAL ANALYSIS/ RESULT

Silicea 15/6

Sep. 12/6

Graph. 10/6

Nat. mur. 8/5

SELECTION OF REMEDY/ POTENCY/ DOSE

SILICEA TERRA 30/OD

DIET & REGIMEN

Increase water intake.

Maintain hygiene.

PRESCRIPTION**R_x****Silicea 30/OD X 7days****P.L. 30/ BD X 7days****FOLLOW- UP SHEET**

Date	Symptoms	Prescription
03-01-24	Hypopigmented patches over neck, back, chest, B/L arms and legs, fingers VASI score- 12	R_x Silicea 30/OD X 7 days PL 30/ TDS X 7days
10-01-24	General condition of patient is better.	R_x PL 30/ TDS X 7days
17-01-24	General condition of patient is better.	R_x PL 30/ TDS X 7days
24-01-24	General condition of patient is better.	R_x PL 30/ TDS X 7days
31-01-24	General condition of patient is better.	R_x PL 30/ TDS X 7days
07-02-24	General condition of patient is better. VASI score- 2	R_x PL 30/ TDS X 7days

Conclusion:Homoeopathic medicine *Silicea* has been found effective in the treatment of vitiligo.**References**

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